

HANDOUT DISRESPECT CONTRACT

RULE: Doga's behavior will be considered disrespectful if he does one or more of the following:
(*Healthy undercurrent: Consistency*)

- Does not comply with adult requests the first time he is asked to do something
- Uses inappropriate language (profanity and phrases such as “shut up,” “stupid”)
- Mumbles under breath • Rolls eyes, sucks teeth, mimics parent
- Balls up fists, play fights • Argues, nags

REWARDS: (*Healthy undercurrents: Consistency and Nurturance*)

<p>Daily Reward = 1 ticket</p>	<p>What tickets can get you:</p> <p>1 = extra 30 minutes of TV or computer</p> <p>3 = 1 hour late bedtime</p> <p>10 = medium pizza</p> <p>20 = new video or CD</p> <p>40 = hip hop shirt</p> <p>100 = \$20</p>
<p>Bonus Rewards:</p> <p>7 straight days = 2 extra tickets</p> <p>14 straight days = 5 extra tickets</p> <p>30 straight days = 10 extra tickets + \$5</p> <p>Next 30 straight days = 20 extra tickets</p>	

Tickets can only be redeemed on days Doga is in good standing with no offenses.

CONSEQUENCES: Doga's behavior will be considered disrespectful if he does one or more of the following: (*Healthy undercurrent: Consistency*)

- **1st Offense =** no ticket + no TV (in any room) for 24 hours
- **2nd Offense =** no ticket + no TV (in any room) and no computer for 48 hours
- **3rd Offense =** no ticket + no TV (in any room), computer, and phone for 72 hours

Backup Plans: With TV, dad disconnects cable; with computer, mom disables password; with phone, mom suspends service, with Doga paying reactivation fee to reconnect.

MOTHER'S ROLE: (*Healthy undercurrents: Consistency and Supportive Communication*)

- One verbal warning per day (if needed).
- Consequences will be administered with short & to the point language, with calm voice.
- If Doga gets angry or argues, mother will exit & wait. If Doga follows mother = Walmart shoes for 24 hours.

VILLAGE ROLE: (*Healthy undercurrents: Supportive Communication & Nurturance*) Maternal aunts, maternal grandmother, and family friend Hawa will help mother smother Doga with love (hugs, kind words, homemade meals).

Signatures

Date

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HANDOUT CHORE CONTRACT

RULE #1: The following chores must be completed by 7pm for mom’s inspection, Monday – Friday:
(*Healthy undercurrent: Consistency*).

<ul style="list-style-type: none"> • Clean Room (fold up bed, pick up dirty clothes, all stuff off floor, and book bag ready for next day and beside front door) • Tuesdays and Thursdays - Wash, dry, & put away dinner dishes 	<ul style="list-style-type: none"> • Take Trash Out (bedroom, bathroom, kitchen) • Wipe down dining room table and sweep floor
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REWARDS: (*Healthy undercurrents: Consistency and Nurturance*)

Daily Reward = \$1 Bill + a checkmark on the Bonus calendar

Bonus Rewards:

- **5 straight days** = Spend one night at friend’s house (parent approval) or friend stays over (Fri or Sat night)
- **14 straight days** = Eat out at Red Lobster on the upcoming weekend
- **21 straight days** = \$25 for shopping trip to mall on the upcoming Saturday (mom will provide transportation and you may take two friends)

CONSEQUENCES: (*Healthy undercurrent: Consistency*)

- **1st Offense:** No daily reward + level 1 grounding for 24 hours (level 1 grounding means you must remain in the house and have no contact with friends via phone and no computer usage)
- **2nd Offense:** No daily reward + level 2 grounding for 24 hours (level 2 grounding means you must remain in the house with no contact with friends via phone and no computer usage + no TV or video gaming)
- **3rd Offense:** No daily reward + level 2 grounding for 48 hours

**Consequences start over each Monday.*

PARENT ROLES: (*Healthy undercurrents: Consistency, Supportive Communication, & Nurturance*)

- Mom and Dad will give James one Positive Teen Report a day for the next 30 days
- Mom and Dad will go on one special outing with James 1x per week on Thursday for the next month (4 times in the month)
- Mom and Dad will hug James daily at bedtime

Mom and Dad

Date

James

Date

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HANDOUT

CURFEW CONTRACT

RULE:

Jeffrey will be considered late if he is one minute past 9:00 pm according to his parents' watch. He must be physically inside the house and must check in with his parents upon return home. If he needs assistance with a ride home, he must ask his parents by 7:00 pm. (*Healthy undercurrent: Consistency*)

REWARDS: (*Healthy undercurrents: Consistency and Nurture*)

Rewards will be given each night at 9pm

Daily Reward = 1 hour computer time to be used the evening the reward is given

Bonus Rewards:

- **6 straight days** = pizza with Louis, David, & Melvin
- **14 straight days** = 2 movie tickets; call from Uncle John
- **30 straight days** = cell phone with ____ pre-paid minutes

CONSEQUENCES: (*Healthy undercurrents: Consistency and No Empty Threats*)

1st Offense = No daily or bonus rewards + no video games for 24 hours

2nd Offense = No daily or bonus rewards + no video games for 72 hours+ police called

3rd Offense = No daily or bonus rewards + police called + game system and games sold (items of comparable value can also be used)

**The first day of each month, Jeffrey starts over at 1st offense.*

FAMILY ROLE: (*Healthy undercurrents: Role Clarity, Consistency, & Supportive Communication*)

- Marie & Yves will work as a team and will help each be consistent with Jeffrey.
- Consequences will be administered with short & to the point language.
- If Jeffrey escalates, parents will exit & wait.
- Family will participate in game night or outing together once a week.

Signatures

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HANDOUT

LEAVING WITHOUT PERMISSION CONTRACT

RULE: Christian will be breaking the contract if one or more of the following happen:

(Healthy undercurrents: Safety & Consistency)

- **Leaving the house** after Mom/Step-Dad has instructed him to stay home
- **Walking out of the house** and down the street when he gets angry
- **Getting into the car** with someone without permission from parents
- **Not coming home** at night when parents have given permission to go out for a set period of time
- **Leaving the house** during the night

CELEBRATION DAYS: *(Healthy undercurrents: Consistency, Safety, & Nurturance)*

14 straight days = If Christian follows the contract for 14 straight days, he will be treated to a movie night with one friend. Mom and Step-Dad will buy movie tickets.

30 straight days = If Christian follows the contract for 30 days, he will receive a shopping day with \$50.00 to spend how he chooses.

CONSEQUENCES: *(Healthy undercurrents: Consistency & Safety)*

1st Offense = Christian will lose entire wardrobe, including shoes for 1 week. Mom will provide Christian with the only clothing he is allowed to wear + he will be dropped off and picked up at school by Mom, Step-Dad, or Papa for 1 week.

2nd Offense = Loss of wardrobe + 24 hour watch (Mom or Step-Dad will be with Christian 24 hours a day, including school and sleeping hours.) This will be put into place because Christian cannot be trusted to make safe decisions and follow the rules of the house.

3rd Offense = Loss of wardrobe + Wanted Poster will be posted at school and in neighborhood (Wanted poster will offer cash reward to any person that calls Mom with Christian's whereabouts after midnight on any given night of the week).

**If at any time Mom learns of Christian's whereabouts, she will call the police and have them pick him up and bring him home.*

MOM'S ROLE: *(Healthy undercurrents: Safety, Consistency, & Supportive Communication)*

- **Mom will call police** if Christian leaves without permission
- **Administer consequences** in calm voice with short and to the point language
- **Create Wanted Poster** and check with school/neighborhood association about posting items
- **Check in** with Christian on daily basis

STEP-DAD'S ROLE: *(Healthy undercurrents: Safety, Consistency, & Supportive Communication)*

- **Administer consequences** in calm voice with short and to the point language
- **Check in** with Christian on daily basis
- **Speak with neighbor** about writing down any license plate number that picks Christian up

PAPA'S ROLE: *(Healthy Undercurrents: Safety & Consistency)*

- **Support family** by picking up Christian at school when necessary and helping Mom when she is working and needs someone to check on Christian.

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HANDOUT

NO DITCHING SCHOOL - TRUANCY CONTRACT

RULE: Johnny will break our “no ditching” school rule if he does one or more of the following:

(Healthy undercurrent: Consistency)

- Remain in school and attend all classes
- Be in each class on time – no tardiness!
- Not get up for school on his own and be on the bus at 8am

The parent will confirm with the attendance officer each day at 3pm (via email) that Johnny was in school on time with full attendance of all classes with no tardiness.

If Johnny is sick and cannot attend or remain in school, it must be confirmed by mom, a medical doctor, or the school nurse.

REWARDS: *(Healthy undercurrents: Consistency & Nurture)*

Daily Reward = privilege of use of cell phone the rest of that day and next day (until mom checks for rule compliance at 3pm)

Bonus Rewards:

- **5 straight days** = One free Ringtone download
- **10 straight days** = Privilege of having two friends over for sleep-over the next weekend (either Friday or Saturday night)
- **15 straight days** = Two movie tickets + one large popcorn and small drink
- **30 straight days** = Purchase of 2 music CD's or one video game (game must be less than \$25)

NEGATIVE CONSEQUENCES: *(Healthy undercurrent: Consistency)*

For each day you fail to get up for school on your own, miss the bus, or fail to attend all classes with no tardiness, the following will take place:

1st Offense = No Daily Reward for rest of that day and next day until mom checks for rule compliance at 3pm next day + no computer privilege the rest of that day

2nd Offense = No Daily Reward for rest of that day and next day until mom checks for rule compliance at 3pm next day + no computer privilege the rest of that day and entire next day

3rd Offense = No Daily Reward for rest of that day and next day until mom checks for rule compliance at 3pm next day + no computer privilege the rest of that day + one of your favorite video games will be sold or given away to charity

MOM'S ROLE: *(Healthy undercurrents: Consistency & Supportive Communication)*

- **Mom will not nag** Johnny in the morning – it will entirely be up to him if he follows the rule
- **Mom will use short and to the point** language when administering the consequence
- **Mom will express praise and encouragement** when she administers the rewards
- **Mom will deactivate** Johnny's cell phone if he argues about the consequence and Johnny will have to pay the re-activation fee once he has earned the phone back (chores may be done to earn the value of the re-activation cost. Mom will determine the chores to be completed)

Signatures _____

Date _____

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