| Orientation Phase  ☐ Motivational Intake Completed ☐ Pre-Tests Completed ☐ CBCL ☐ FACES-IV  ☐ Motivational Intake ☐ 6 PLL Groups ☐ Weekly PLL FT (Coaching) Sessitypically begins after the first group)  (FT occurs at Residential Facility or Weekly PLL FT (Coaching) Sessitypically begins after the first group)  | Fargeted Current Phase  | # Group<br>Sessions | #Coaching<br>Sessions | Benchmark<br>Meeting  | Date<br>Returned to<br>Community  | 90 Day<br>Aftercare<br>end date | Final PLL<br>session | 30 day<br>call-back | 60 day<br>call-back   | 90 day call-<br>back                              |  |  |
|--|---|---------------------|-----------------------|---|---|---------------------------------|----------------------|---------------------|---|---|--|--|
| Completed  Pre-Tests Completed CBCL FACES-IV Readiness  Weekly PLL FT (Coaching) Sess typically begins after the first group)  (FT occurs at Residential Facility or will Home Passes) until you have completed core and wound work if youth is selected.  |   |                     |                       |   | Stage 2: Intensive – Transition Phase<br>(Month #3 & #4)                          |                                 |                      |                     |   | Stage3: Aftercare Phase<br>(Months #4, #5 & #6)   |  |  |
| PLL PLL  | Weekly PLL FT (Coaching) Sessions (Family Therapy (FT) typically begins after the first group)  (FT occurs at Residential Facility or with child or at home with Home Passes) until you have completed all three phases of core and wound work if youth is still in placement   |                     |                       | □ No More Parenting Groups □ On-Going PLL FT Sessions (At Residential Facility or at home with home passes) □ Discharge Meeting □ Office Plan Developed in time for Discharge meeting  At Discharge Meeting, PLL Team, Family, Residential Staff, and JPO or Case Worker meet to review the following: □ Parent Attendance of the PLL Groups □ Parent and/or Child Attendance to Family Therapy Meetings  |   |                                 |                      |                     | ☐ On-Going PLL Family Therapy Sessions Until Graduation Requirements Met (At Home in Community) ☐ Post Tests Completed ☐ CBCL ☐ FACES-IV ☐ Readiness ☐ Post-Tests Sent to PLL ☐ After Month #6 – Call Backs to See if Aftercare Plan Working  |   |  |  |
|  | Completed Completed Development Bloom I William In a Bettle Complete  |                     |                       |   | Aftercare Plan - completed and all parts are ready to go Pre-Mid Readiness Report |                                 |                      |                     |   | ☐ Tune-Ups or Additional Family Therapy as Needed |  |  |
| by PLL Case Manager  □ PLL Case Manager begins to develop RPN  □ Agreement on Symptom, Seed at Key people "at the table." □ Pre-session preparation for Core □ Before & After feedbact □ Draft of the Aftercare P □ Draft of first contract from the Aftercare P □ Draft of first contract from the Aftercare P □ Draft of first contract from the Aftercare P □ Draft of first contract from the Aftercare P □ Draft of first contract from the Aftercare P □ Draft of first contract from the Aftercare P □ Draft of first contract from the Aftercare P □ Draft Contemp □ Draft Countermoves fo □ Draft Countermoves fo | Agreement on Symptom, Seed and Bus Picks. Key people "at the table."   Pre-session preparation for Core Phase 2.   Before & After feedback loops.   Draft of the Aftercare Plan.   Draft of first contract from first symptom pick.    Core Coaching Phase II: Feedback Loops, Draft Aftercare Plan & Contracts (Two to Three Sessions) Toggling Between Phases II & III.   Feedback Loops Presented   Family has moved into Contemplation around the unhealthy undercurrents maintaining the Seed & Symptom Pick.   Aftercare Plan Draft Presented   Contract(s) drafted with family   Pre-session preparation for Core Phase 3.   Healthy undercurrents and Parent/Village Roles added to the contract.   Draft Countermoves for Contract   Draft Countermoves for Roles/Protective Factors |                     |                       | Core Coaching Phase III: Troubleshooting & Dress Rehearsals (Three to Four Sessions)  Countermoves for Contract developed and rehearsed Countermoves for Parent Roles & Protective Factors developed and rehearsed Countermoves for Teen Button Filters developed and rehearsed  PHASE III NEEDS TO BE COMPLETED BEFORE THE YOUTH COMES HOME  Wound Work Phase I: Identify Specific Wounds & Undercurrents Keeping Wounds from Healing (One to Two Sessions)  Identified Wounds & agreed on wound Undercurrents Pre-session preparation for Wound Work Phase 2 Prepare Feedback Loops Prepare list of Interventions for Wound Undercurrent Prepare Playbook Template  Wound Work Phase II: Wound Feedback Loops and Draft Wound Playbook (One to Two Sessions) Toggling Between Phases II & 3 Until All Playbooks Completed.  Feedback Loops around wound undercurrent presented Playbook drafted with family Pre-session preparation for Wound Work Phase 3 Type out Playbook Predetermine "What if Scenarios" around playbook and draft Countermoves template to jumpstart family.  Wound Work Phase III: Troubleshoot with Wounds Countermoves Sheets (Two to Three Sessions) Finalize and Rehearse Countermoves Checklist and give to the family. Discuss needed villagers for the Playbook implementation to insure the right people are present for the implementation. |   |                                 |                      |                     | Therapy as Needed  Core Coaching Phase IV: Contract Assessment (Two to three Sessions)  Assess for success due to use of contract; Relapse Prevention and Skills Consolidation.  Wound Work Phase IV: Playbook Assessment (One to Two Sessions)  Assess for healing due to use of playbook or enactments.  Note: some components of Phase IV may be done prior to the youth's discharge as a result of the practices/implementation of contracts or playbooks on home visits. |   |  |  |