## Rhode Island PLL Entrance to Exit Checklist

| Date                                      | Event   |
|---|---|
| Foundations                               |   |
|   | Date Therapist Received Case  |
|   | Genogram Completed  |
|   | Participation and Agreement Signed  |
|   | Family Function Assessment (FFA) Completed (Pre-Test)   |
|   | Child Behavioral Check List (CBCL) Completed (Pre-Test)   |
|   | Faces IV Completed (Pre-Test)   |
|   | Readiness Scale Completed (Pre-Test)  |
|   | CAFAS - (Pre-Test)  |
| Intensive                                 |   |
|   | Met via phone with residential and aftercare staff to ensure that all are in agreement that youth is on track for Early Release.  |
|   | Time: Scheduled Benchmark Meeting (Scheduled 1 month prior to Benchmark Meeting)  |
|   | All parties <u>informed</u> of scheduled Benchmark meeting □Parents □Aftercare-Probation Officer □Local Education Authority (LEA) □Residential Staff □Mentor □ Social Worker □Other |
|   | Develop and Review Skeletal Playbook with family – no signatures yet  |
|   | Post Family Function Assessment (FFA) (Post-Test) – 5-7 days Prior to Benchmark (sent to John)  |
|   | Post Readiness Scale Completed (Post-Test) – Sent to John – 5-7 days prior to Benchmark (sent to John)  |
|   | Post CAFAS (Post-Test) 5-7 days prior to Benchmark (Scored Internally)  |
|   | All Parties informed or Reminded of Benchmark meeting (reminder calls)  |
|   | Benchmark Meeting took place  |
|   | Community Based Action Team (CBAT) created (Mentors, Transitional Case Manager, School, Job placement, GED, Business Community, Etc.  |
|   | If ACE, court hearing scheduled and all parties notified  |
|   | If ACE, court hearing attended and release approved   |
| <b>Transitions</b>                        |   |
|   | Final Playbook is completed with signatures 7-14 days prior to residential program exit   |
|   | CBAT Team Assembled   |
|   | Actual day youth released into community  |
| Aftercare                                 |   |
|   | Post-Post Family Function Assessment (FFA) Completed  |
|   | Post-Post Readiness Scale Completed (Post-Post-Test)  |
|   | Post- Post CAFAS  |
|   | Post Child Behavioral Check List (CBCL) Post Completed  |
|   | Post Faces IV Completed Post Completed  |
|   | Recommendation for Early Release from Community Supervision (Date Requested for:)   |
|   | If ACE, court hearing scheduled and all parties notified  |
|   | If ACE, court hearing attended and release approved   |
| 90 Days Post Discharge Relapse Prevention |   |
|   | 30 Day Scheduled on   |
|   | 60 Day Scheduled on   |
|   | 90 Day Scheduled on   |

## Rhode Island PLL Benchmark Meeting Agenda

- I. Introductions
- **II.** Youth reads goals to group
- **III.** Residential staff provides overall progress
- IV. Mental Health Counselor provides progress report
- V. Substance Abuse Counselor provides Progress report
- VI. Educational Staff (Residential) Provides progress report
- **VII.** PLL Therapist Provides specific information on the following:
  - Parent Participation in Group
  - Family Participation in Family Counseling
  - Provides Results of the Pre-Post Functional Family Assessment (FFA)
  - Provides Results of the Pre-Post Readiness Scale
  - Provide results of the Pre-Post CAFAS
  - Family is asked to report of how has PLL and Residential program been helpful so far and what has changed positively
- **VIII.** Residential Psychiatrist indicates if the youth will receive an "Early Release" and the <u>tentative</u> release date will be provided at meeting.
  - ACE must have court involvement about the third month of care, at some point the youth has to go before the judge status hearing –Further Order of the Court (FOC)
  - ➤ If Early Release is recommended then go to Step IX If early release not recommended then go to bullets below:
    - Be open and honest as to why an earned release was not possible.
    - Make sure youth and family clearly understand why and what changes must be made prior to the next benchmark meeting.
    - Schedule next benchmark meeting at this meeting
- **IX.** Aftercare representative reviews specific court ordered requirements and Supervision Agreement.
- **X.** PLL reviews Playbook (must not conflict with aftercare court order and supervision agreement)
- **XI.** Congratulate both the Parent and Child on their efforts and adjourn