

POSITION DESCRIPTION

Positions: **Parenting with Love and Limits (PLL) – Family Therapist**
 Parenting with Love and Limits (PLL) – Co-facilitator

Position Specific

Full-Time PLL Family Therapist

- The number of PLL Full-Time Therapists is directly correlated to the number of families that the agency projects to serve over a 12 month period. **At other PLL sites – 1 full-time therapist serves up to 36-40 clients**
- One full-time PLL therapist with moderate to high risk clients can comfortably serve up to 36 clients per year. Here is a breakdown of productivity levels:
 - There are 6 potential 6-week group cycles in a 48-week per year cycle
 - Each group cycle with 6 to 7 families per group = $6 \times 6 = 36$ families/ $6 \times 7 = 42$ families

Hypothetical Example of 1 Year for One Full-Time PLL Therapist						
	Dates	Min. Goal	# Scheduled	Show-up	Graduated	Location
Group 1	09/20/09	6	5	5	5	Falkenburg
Group 2	11/22/09	6	6	5	5	Les Peters
Group 3	01/17/10	6	7	5	5	YES
Group 4	03/07/10	8	7			Community
Group 5	05/02/10	6	7			Community
Group 6	06/27/10	6	7			Community
Totals		36-40	39			

- The same full-time PLL Therapist will then conduct all the family therapy sessions within each group cycle of 6 or more families
 - 6 to 8 family sessions per week for family therapy x 1.5 hours each = 12 billable hours
- Conduct on average one group therapy session per week (2 hours) during evening hours to cover a six-week skills-based curriculum

Estimated Productivity Standards for 1 PLL Group Per Week with Individual Family Therapy

1 PLL Group Therapy group per week		=	2 hours per week
6 to 8 PLL Family Therapy Sessions (average of 8) per week		=	12 average hours per wk
1 to 2 Motivational Intakes (average of 1.43) per week		=	2 average hours per wk
2hrs per mo. of PLL Supervision (average of 0.47) per week		=	0.47 average hours per wk
2hrs per mo. doing local Supervision (average of 0.47) per week		=	0.47 average hours per wk
8hrs per week of preparation time for PLL Sessions		=	8 hours per week
2hrs per mo. of prep time for PLL Supervision		=	0.47 average hours per wk
	Clinical Time		28.0
	=		0 average hours per wk
			12.0
	Other Duties		0 average hours per wk
			40.0
	Total =		0 average hours per wk

- Prep time as needed with PLL co-facilitator
- 80% or higher on the Parenting Your Out of Control Teenager Examination
- Will read structural and strategic seminal texts as assigned by Dr. Sells
- Will e-mail weekly QTM (Quality Time Management) Summary to PLL Supervisor at end of each week

<p>Sample QTM –</p> <p>Coaching: 8 scheduled</p> <ul style="list-style-type: none"> • 5 attended • 1 cancelled (Francisco V) • 2 no-showed (N B & S B) <p>Group : 9 scheduled</p> <ul style="list-style-type: none"> • 7 attended • 2 no-showed (Nomar T & CJ), both families who have attended PLL sporadically & will now be closed out unsuccessfully.
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- Will be available to work at minimum of three to four evenings per week and weekends if necessary and conduct home visits as necessary.
- Will participate in regular scheduled telephone supervision
- Will submit video tapes for analysis as requested by PLL Supervisor
- Adheres to fidelity of Group Leader’s Manual and Coaching Manual and completes Group Fidelity Checklists and Coaching Handbook Fidelity Checklists to help ensure treatment adherence to PLL model.
- Assists family in the completion of all paperwork such as Intake Packet, and the research assessment tools of FACES IV and the Child Behavior Checklist.
 - If delegated by the PLL Clinical Coordinator, will complete Data Entry on two excel spreadsheets and send to PLL Supervisor and PLL Director of Operations prior to each PLL supervision meeting –
 - COE Report excel spreadsheet
 - PLL PlanTrac excel spreadsheet

Part-Time Co-Facilitator (person may be the case manager on a PLL team, Probation Officer, etc.)

- Each site can train at least one or two co-facilitators per primary Family Therapist. This Co-facilitator works part-time in PLL
- The part-time co-facilitator is only slotted for 5 hours per week because his or her job duties are limited to co-facilitating the group therapy sessions along with the full-time family therapist for 2 hours per week. The group is 2 hours long with the first hour consisting of parents and youth together and the second hour consisting of a breakout group with the full-time family therapist meeting with the parents and the co-facilitator meeting with the youth.
- The part-time co-facilitator will not be conducting any family therapy sessions or PLL motivational interviews.
- The part-time co-facilitator will also help the full-time family therapist prepare for each group by assisting with set-up and tear-down
- Other duties include: meeting with the full-time family therapist to share helpful information on youth progress in the teen breakouts and completing your portion of the Group Fidelity Checklist and participating in the PLL telephone supervision

1 PLL Group Therapy group per week	=	2.00	hours per week
Hours per week of prep time for PLL Group or Supervision	=	1.25	average hours per wk
PLL Supervision (average of 4 hours per month)	=	.75	average hour per wk
Clinical Time	=	4.00	average hours per wk
Other Duties	=	<u>1.00</u>	average hours per wk
Total	=	5.00	average hours per wk

As a new or existing employee, I fully understand the above responsibilities and will fulfill all obligations and requirements of this position. I understand that my job responsibilities may be modified to meet the needs of the agency. I also understand that pre-service and in-service training will be required to assist me in attaining an in-depth understanding of the PLL program and providing quality services to the youth under the supervision of Parenting with Love and Limits. I hereby commit to working in this PLL capacity for one full year after I am trained as evidence of my recognition and appreciation of the investment that my employer and PLL has made to enable me to fulfill these responsibilities.

Employee

Supervisor

Date

Date