Date of Group Session:



PARENTING WITH LOVE AND LIMITS

PROTOCOL CHECKLIST CLASS #1

Name o	of facilitat	or: _						Na	me of	supe	rvisc	r:					
Name o	of facilitat	or: _						Gr	oup Te	eam:	#1	#2	#3	3 (ci	ircle	one)	
Class ⁻	Taught:	# 1	#2	#3	#4	#5	#6	#7	#8	#9	(circ	ele on	ie)				
Class #	1-Venting	and	Why ⁻	<u>Teens</u>	Misbe	ehave	<u>)</u>										
Introdu	ction and	l Ice I	Break	er Ga	me:												
On a scale of 1 to 5 how closely did you follow the manual 1 — 2 — 3 — 3															5		
No	t at all						Son	netim	es							All th	ne time
 Energy level: Explained the rules of the game: ⇒ Use of the video (Overview of classes): ⇒ Theories: Total time allowed is 37 minutes: Briefly asked for parent's and teen's theory, kept it short: Hour 2 (Parents)-Venting 							Yes Yes Time	e kep	No∶ No t □	□ □ Tim			ow □	/:			
Parent	Venting																
Followe	ale of One 1 ——— ed the Ma				-	Follo	owed	3 — the N			•			Fol	lowe	ed the	e Manual
• •	Kept good Demonstra Used the d Establishe Kept good	ated e one d d link	empatl own p ages:	nic list ositio	ening: n:	SOIT	netimo	2 8		Yes Yes Yes Emo	□ □ otiona	No No No Illy ba	□ □ sed:			ne Tir	ne based: □

PROTOCOL CHECKLIST CLASS #1 PAGE 2

⇔	Solution talk: Kept good time (10 minutes): • Used the questions in the leader's guide.	:	Yes □ Yes □	No □ No □	
\Rightarrow	Compliments: Kept good time (5 minutes): • Complimented parents about one of their	r strengths:	Yes □ Yes □	No □ No □	
\Rightarrow	Rubber band: Kept good time (5 minutes): • Exercise done and analogy presented:		Yes □ Yes □	No □ No □	
ightharpoons	Home assignment given:		Yes □	No □	
<u>Ho</u>	ur 2 (Teens)				
On	a scale of One to Five how closely did you fo				
	lowed the Manual Follow			· 4 ——	Followed the Manua All of the Time
₽	Venting: Question 1 asked and role play do: • Kept good time (35 minutes):	ne:	Yes □ Yes □	No □ No □	
Û	Solution talk:Asked questions on page 2 and 3 of theKept good time (15 minutes):	workbook:	Yes □ Yes □	No □ No □	
\Rightarrow	Rubber band exercise done and analogy pre • Kept good time (5 minutes):	esented:	Yes □ Yes □	No □ No □	
Со	mments:				



PROTOCOL CHECKLIST CLASS #2

Date of Group Session:									
Name of facilitator:									
Name of facilitator:	_ Group Tea	am: #1	#2 #3 (circle one)					
Class Taught: # 1 #2 #3 #4 #5 #6	#7 #8	#9 (cir	cle one)						
Class #2-Button Pushing									
Hour 1 (Parents and teens)									
⇔ On a scale of 1 to 5 how closely did you follow th		•							
			- 4 ———						
Not at all Som	etimes			All the time					
Overview of button pushing; use of the video and	I "It takes two	o to tang	o" Yes □	No □					
Time kept (10 minutes):			Yes □	No □					
⇒ Identify top 3 parent button exercise done):		Yes □	No □					
Time kept (10 minutes):			Yes □	No □					
⇒ Identify top 3 teen button exercise done:			Yes □	No □					
Time kept (10 minutes):			Yes □	No □					
Demonstrating button pushing									
Setting up the inner/outer circle:			Yes □	No □					
Setting up the role play with the family (game)):		Yes □	No □					
Played the role of the teen:			Yes □	No □					
Physically pushed parent's buttons:			Yes □	No □					
 Prompted parent to phys. push teens buttons 	:		Yes □	No □					
Used the parents and teens in the outer circle):		Yes □	No □					
Role play discussion (It takes 2 to tango):			Yes □	No □					
Time kept (26 minutes):			Yes □	No □					

PROTOCOL CHECKLIST CLASS #2 PAGE 2

Hour 2 (Parents)

On a scale of One to Five how closely	•	•		
Followed the Manual Not at all				Followed the Manua All of the Time
 Button busters: Time kept (42 minutes): Used the videos: Gave concrete examples when 	n needed:	Yes □ Yes □ Yes □	_	
 Being unpredictable: Explained the reasons: Role played: Home assignment: 		Yes □ Yes □ Yes □	No □	
Hour 2 (Teens) On a scale of One to Five how closely	v did you follow the manua	I transcrin	in this se	ction?
1 ————— 2 —— Followed the Manual Not at all	3 ———		4 ——	
 Button buster filter shield: Conducted all 3 role plays: Used the teen workbook: 		Yes □ Yes □		
 Being unpredictable: Explained the reasons for beir Conducted role plays: Had the teens pick an unpred 		Yes □	No 🗆 No 🗆 No 🗆	
Comments:				



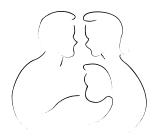
PROTOCOL CHECKLIST CLASS #3

Date of Group Session	n:											
	Name of supervisor:											
Name of facilitator: _					Gr	Group leam		#1	#2	#3	(circle	e one)
Class Taught: #1	#2 #3	#4	#5	#6	#7	#8	#9	(circl	e one))		
Class #3-Contracting	I											
Hour 1 (Parents and	teens)											
⇒ On a scale of 1 to		-	-					•				_
1	 2 -								ļ <u>—</u>			
Not at all				Sor	netim	es						All the time
I. Review of the '"Un			Yes □] N	lo 🗆							
• Time kept (8 m	inutes):								Yes □] N	lo 🗆	
I. Why contracts fail:	Time kept	(3 min	nutes)						Yes □] N	lo 🗆	
• Reason # 1: Yo	ur teen has	literal	disea	se (10	minu	tes):			Yes □] N	lo 🗆	
Reason # 2: Ru	ıles optiona	l, not r	manda	atory (5 minu	ıtes):			Yes □] N	lo 🗆	
	video: It's m	y choi	ce						Yes □] N	lo 🗆	
• Reason # 3: To	o many rule	s at o	ne tim	e (5 m	ninutes	s):			Yes □] N	lo 🗆	
	video: I only	have	1 galle	on of o	gas				Yes □] N	lo 🗆	
• Reason # 4: Ru	ıles and cor	seque	ences	not pr	edete	rmined	(5 m	in)	Yes □] N	lo 🗆	
• Reason # 5: A	lack of troul	olesho	oting	(5 min	utes)				Yes □] N	lo 🗆	
	video: I thin	k 2 ste	ps ah	ead					Yes □] N	lo 🗆	
Time kept for the second control of the	ne entire se	ction (4	41 mir	nutes):	:				Yes □] N	lo 🗆	
Workbooks use	ed	•		ŕ					Yes □] N	lo 🗆	

PROTOCOL CHECKLIST CLASS #3 PAGE 2

Hour 2 (Parents)

	Followed the Manual		Followed the Manual
Not at all	Sometimes		All of the Time
III. Creating ironclad rules (3mir	utes):	Yes □	No 🗆
 List and rank top 3 probl 	ems (5 minutes):	Yes □	No □
· · ·	oncrete behaviors (15 minutes):	Yes □	No 🗆
IV. How to mobilize outside help	pers (5 minutes):	Yes □	No □
 Use of the video: It takes 	a villager to raise a child	Yes □	No 🗆
 Know your playing field (5 minutes):	Yes □	No 🗆
 Make your own list of he 	lpers (10 minutes):	Yes □	No □
 Your teen and the law (1)) minutes):	Yes □	No □
 Use of the video: The law 	v is on my side	Yes □	No □
 Tips to recruit outside he 		Yes □	No □
 Inner/Outer circle role pl 	,	Yes □	No 🗆
 Time kept for entire sect 	Yes □	No 🗌	
 Workbooks used 		Yes □	No 🗆
Hour 2 (Teens)			
	losely did you follow the manual trans		
	Followed the Manual		
Not at all	Sometimes		All of the Time
VI. Creating ironclad rules (5 mi	nutes):	Yes □	No □
 Use of the video: They h 	eard my voice and listened	Yes □	No 🗆
 Create a list of your mos 	t important problems (15 minutes)	Yes □	No □
 Create a list of your pare 	nt's problems (5minutes):	Yes □	No 🗆
VII. Creating rewards: List of rev	vards (15 minutes)	Yes □	No □
VIII. Art of negotiating – Inner/O	uter circle role play (25 minutes)	Yes □	No □
		Yes □	No □
 Time kept for entire sect 	on (70 minutes)	.00 🗀	
Time kept for entire sectWorkbooks used	on (70 minutes)	Yes □	No □



PROTOCOL CHECKLIST CLASS #4

Date of Group Session:									
Name of facilitator:						_			
Name of facilitator:				Gr	oup Te	eam:	#1 #2	#3 (circl	e one)
Class Taught: # 1 #	‡2 #3 #	4 #5	#6	#7	#8	#9	(circle one)		
Hour 1.5 (Parents break	cout)								
⇔ On a scale of 1 to 5 h	ow closely d	id you fo	ollow	the ma	anual tr	ansc	ript in this sec	tion?	
1 ———	<u> </u>			- 3 —			 4		5
Not at all			Sor	netim	es				All the time
I. Review of Home Assignment	gnment (5 m	inutes)					Yes □	No □	
II. Creating ironclad cons	sequences (5	5 minute	s)				Yes □	No □	
 Use of the video: 	The ideal co	ntract					Yes □	No 🗆	
 Inner/Outer circle 	role play:						Yes □	No 🗌	
 Locate your teen's 	s negative co	nsequer	nces (15 mir	nutes)		Yes □	No □	
 Rank your top 3 p 	unishments	(15 minւ	ıtes)				Yes □	No □	
 Locating your teer 	n's positive c	onseque	ences	(15 m	inutes)		Yes □	No □	
 Break (5 minutes) 							Yes □	No □	
 Trouble shooting a 	and backup p	olan (15	minut	es)			Yes □	No 🗆	
III. Contracting and dress	s rehearsal (1	minute	s):				Yes □	No □	
 Inner/Outer circle 	role play (co	ntinued))				Yes □	No 🗆	
 Getting battle read 	dy through d	ry runs (15 mir	nutes)			Yes □	No 🗆	
 Time kept for the 	entire sectio	n (86 mir	nutes)				Yes □	No 🗆	
 Workbooks used 							Yes □	No 🗆	
Hour 1.5 (Teens breakou	<u>ut)</u>								
On a scale of One to Five	-	-					-		 5
Followed the Manual	_	Foll					-		ed the Manua
Not at all			netim						the Time

PROTOCOL CHECKLIST CLASS #4 PAGE 2

III.	Creating ironclad rules (3min	utes):	Yes □	No 🗆
	• List and rank top 3 proble	ems (5 minutes):	Yes □	No □
	Convert problems into co	ncrete behaviors (15 minutes):	Yes □	No □
IV.	Review of Home Assignment	(2 minutes):	Yes □	No □
	 Process unpredictable ou 	tcome (5 minutes)	Yes □	No 🗆
	Role play the unpredictab	le (20 minutes)	Yes □	No □
V.	Top 3 punishments (20 minut	res)	Yes □	No □
	Break (5minutes)		Yes □	No 🗆
	Understanding the positive	e parent report (10 minutes)	Yes □	No 🗆
	Use of the video: Catchin	g my parent doing something right.	Yes □	No □
VII.	Creating a positive parent rep	port		
	• Use a high powered mag	nifying glass (5 minutes)	Yes □	No 🗆
	• Fill out / role play delivery	Yes □	No 🗆	
	• Time kept for the entire se	ection (72 minutes)	Yes □	No 🗆
	 Workbooks used 		Yes □	No □
Ηοι	ır 2 (Parents and Teens toge	ther)		
On		osely did you follow the manual transcr		
Foll		Followed the Manual	<u> </u>	———— 5 Followed the Manua
	at all	Sometimes		All of the Time
VIII.	Delivery of the Positive Parer	nt Report (10 minutes)	Yes □	No 🗆
Χ.	Introducing "Parent's Only" r	night (2 minutes)	Yes □	No □
	• Option 1: Pre-arranged ch	nild care (1 minutes)		
	Option 2: No pre-arranged	d child care (1 minutes)		
XI.	Parent Home Assignment: A	ces and contracting (3 minutes)	Yes □	No 🗆
	Č	ces and contracting (3 minutes) ring PPR's at home (2 minutes)	Yes □	No □
XII.	Teen Home Assignment : Giv	,	Yes 🗌	No 🗆
XII.	Teen Home Assignment : Giv	ring PPR's at home (2 minutes)	Yes 🗌	No 🗆
XII.	Teen Home Assignment : Giv	ring PPR's at home (2 minutes)	Yes 🗌	No 🗆

Date of Group Session:



PARENTING WITH LOVE AND LIMITS

PROTOCOL CHECKLIST CLASS #5

Name of facilitator:	Name of supervisor:											
Name of facilitator:		Group Team: #1 #2 #3 (circle o										
Class Taught: # 1	#2 #3	#4 #5	#6	#7	#8	#9	(circle	one)				
Hour 1 (Parents on	<u>y night, 30 n</u>	ninutes)										
⇒ On a scale of 1 to	5 how close	-					•			5		
Not at all		Sometimes								All the time)	
I. Review of Home	Y	′es □	No □									
II. Overview of 7 aceUse of the vice		′es □ ′es □	No □ No □									
 III. Overview of the positive teen report (5 minutes) Use of the video: Catch your teen doing something rig Things to watch out for (5minutes) How often to use the PTR (5 minutes) Create your own PTR (5minutes) Hour 2 (Parents only, 90 minutes)							Y Y Y	′es □ ′es □ ′es □ ′es □	No No No No No No			
On a scale of One to		sely did you								5		
Followed the Manu Not at all		Foll		I the N			·		Follow	ved the Manu the Time	ual	
 IV. Building your own Inner/Outer of Locate your to Locate your to Troubleshoot 	ircle role play een's negativ een's positive	(1 role play re conseque e conseque	ences ((10 mii 5 minu	nutes)	ent)	Y Y Y	′es □ ′es □ ′es □ ′es □	No No No No No No			

PROTOCOL CHECKLIST CLASS #5 PAGE 2

IV.	 Review of Home Assignment (2 minutes): Process unpredictable outcome (5 minutes) Role play the unpredictable (20 minutes) 	Yes □ Yes □ Yes □	No □ No □ No □	
IV.	Building your own contract (2 minutes): Inner/Outer circle role play (1 role play of 30 min per parent) Locate your teen's negative consequences (10 minutes) Locate your teen's positive consequences (5 minutes) Troubleshooting and dress rehearsal (15 minutes)	Yes Yes	No No No No No No No No	
V.	Delivery of the PTR if the teen is present (15 minutes) • Use the time for more preparation if teens are not present	Yes □	No 🗆	
VI.	Home Assignments (3 minutes)Time kept for the entire section (2 hours)Workbooks used	Yes □ Yes □ Yes □	No □ No □ No □	
Cor	mments:			
			·	



PROTOCOL CHECKLIST CLASS #6

Date of Group Session:								
Name of facilitator: Name of facilitator:					-		#3 (circle	
Class Taught: # 1 #2 #	3 #4 #5	#6	#7	#8	#9	(circle one)		
Hour 1 (Parents and teens to	g <u>ether)</u>							
⇔ On a scale of 1 to 5 how clo	, ,					•		5
Not at all			netim	—— 4 ——		All the time		
I. Watch a movie: The Great S	antini (10 mir	nutes)	Yes □	No □				
 Video question: A militar 	y boot camp	withou	t love	Yes □	No □			
Important follow-up ques	stions (5minu	ites)		Yes □	No □			
II. The Big Chill Timeline (15 m	inutes)					Yes □	No 🗆	
III. The Magic Wand Interventio	n (5 minutes)					Yes □	No 🗆	
IV. Nurturing Your Plant								
 Love your plant uncondition 	tionally (25mi	nutes)				Yes □	No □	
Gave one plant for family	У					Yes □	No 🗆	
Hour 2 (Parents and teens tog	<u>jether)</u>							
On a scale of One to Five how o								5
Followed the Manual		llowed				– –		5 /ed the Manual
Not at all	Sc			All of	the Time			

PROTOCOL CHECKLIST CLASS #6 PAGE 2

IV.	Review of Home Assignment (2 minutes):	Yes □	No □	
	 Process unpredictable outcome (5 minutes) 	Yes □	No □	
	Role play the unpredictable (20 minutes)	Yes □	No □	
V.	5 toxins that poison your relationship (15 minutes)	Yes □	No □	
	Used the video: The 5 deadly toxins	Yes □	No □	
VI.	7 strategies to reclaim love (15 minutes)	Yes □	No □	
	 Used the video: 7 strategies to reclaim love 	Yes □	No 🗌	
	Special outings (5 minutes)	Yes □	No □	
	• The power of hugs (5 minutes)	Yes □	No □	
VII.	Graduation steps (5 minutes)	Yes □	No □	
	 Relapse is normal and where to go from here (10 minutes) 	Yes □	No 🗌	
	Used the video: Dr. Sells exit video	Yes □	No 🗌	
	 Compliments and graduation diplomas (5 minutes) 	Yes □	No 🗆	
	Gave graduation diplomas	Yes □	No 🗌	
	 Focus group questions (5 minutes) 	Yes □	No 🗆	
	Time kept for the entire class (2 hours)	Yes □	No 🗆	
	Workbooks used	Yes □	No □	
Con	nments:			
				_
				-
				-
				-
				-
				_
				_
				-
				-
				-
				_
				_
				_
				-