



# Parenting with Love and Limits®

[www.gopll.com](http://www.gopll.com)

PO BOX 30381 • SAVANNAH, GA 31410-0381  
(800) 735-9525 • (330) 630-9223 • (866) 839-4884 FAX  
CONTACT PERSON: [diana@gopll.com](mailto:diana@gopll.com)

## OVERVIEW OF PLL EXTENDED CARE CENTER OF EXCELLENCE AGREEMENT

SFI will train and certify you to be a Center of Excellence, which will allow your trained therapists to use the *Parenting with Love and Limits*® (PLL) Extended System of Care to educate the parents and treat the juveniles referred to you by the local Juvenile Courts and other service agencies in the community.

### 1. Who can you treat using PLL Extended Care?

You will be able to treat any individual youth (and his or her family) who fits within the following inclusionary criteria:

- a. Between the ages of ten (10) and eighteen (18)
- b. Charged with non-status offenses, such as felonies or high risk misdemeanors. Typical charges include aggravated battery or assault, burglary, robbery, domestic battery, running away, or drug or alcohol abuse, or
- c. Probation violators and repeat offenders, or
- d. Victims of abuse or neglect, or
- e. Currently in residential treatment or returning back into community, or
- f. In the foster care system, or designated as high risk for home removal, or
- g. Designated as SED (Severely Emotionally Disturbed) or who have been therapized (chronic offenders on a therapist's caseload for 6 mo -1 yr)

### 2. We provide...

#### a. COE Certification Training

We will conduct five days of initial COE Certification Training in both the PLL Group Therapy Model and the PLL Family Therapy Models.

#### b. Ongoing Supervision by SFI

We will provide telephone supervision with the certified COE therapists. The schedule for this supervision will a minimum of one (1) hour per week for forty-four (44) weeks of the year, or by mutual agreement of the parties, two (2) hours per session, twice per month for ten (10) months of the year. Also, when deemed necessary by SFI's Clinical Supervisor in order to enhance treatment fidelity and effectiveness, SFI will provide video recorded supervision using IPR (Interpersonal Process Recall).

#### c. Site Visit by SFI

We will make one (1) annual one-day visit to your site to observe a random sample of the COE therapists conducting Family and Group Therapy and to consult with them on any pertinent issues related to the running of the PLL program. The site visit will be scheduled at a date and time mutually agreed upon. Of course, you may request additional site visits during the year for an additional cost.

d. New Staff Training

If you should need new staff members trained, either due to attrition or expansion of the program, we will train them, at a cost of \$2,500.00 per therapist, plus travel and material costs. We reserve the right to hold this new staff training at a location of our choosing.

3. Your obligations include...

a. Provide Mental Health Professionals for Training/Certification

We will train the appropriate number of mental health professionals to serve the number of youth anticipated in the first year, with the intent of having enough PLL workload for each professional such that they work essentially full time with PLL. In any event, we will limit the number of trained professionals such that each treats no fewer than thirty (30) clients per year (PLL's Clinical Minimum).

You will choose therapists for the PLL program based upon the following criteria:

COE's therapists who perform PLL Family Therapy and those who serve as the primary facilitator for PLL Group Therapy must meet the following requirements:

- a. A minimum of a Master's Degree in social work, psychology, marriage and family therapy or a counseling-related field
- b. Available to work full time with PLL
- c. Available to work up to four (4) evenings per week if necessary to meet family schedules
- d. Available to attend telephone supervision sessions
- e. Conduct all the family therapy or coaching sessions and parent breakout sessions for group (Bachelor's level not qualified)

COE's therapists who serve only as co-facilitators for PLL Group Therapy (under the supervision of a Master's level facilitator) must meet the following requirements:

- A minimum of a Bachelor's Degree in social work, psychology, marriage and family therapy or a counseling-related field
- May work part-time or full time
- Available to work up to two (2) evenings per week
- Available to attend telephone supervision sessions
- Qualified only to conduct teen breakout PLL Groups

Each trained therapist must sign our standard "Mutual Non-Disclosure Agreement," which protects the respective intellectual property rights of both the COE and SFI.

b. COE Operations Fee

You will pay an annual COE Operations Fee as quoted by us.

c. Reimbursement of SFI Expenses and Other Costs

- (1) You will reimburse us for shipping and handling costs for deliveries of all PLL materials.
- (2) You will reimburse us for travel expenses incurred by each SFI trainer in connection with all training and site visits.
- (3) You will be responsible for all other costs and tasks associated with providing startup training, including, any costs associated with the site of the training and with the reproduction of handout materials.

- (4) You will provide the audio-visual equipment needed for all training.
- (5) If continuing education credit will be offered to your therapists, you will secure approval from the appropriate organizations. However, we will provide you with workshop narratives, agendas, learning objectives, and presenter credentials that may be necessary for you to obtain such approval.

d. COE Reports

You will provide us with regular updated written reports showing all new clients, as well as filled out supervision forms. We will provide you with forms for the purpose of this reporting. We will reserve some limited rights to audit your records to assure license compliance.

e. Purchase of SFI Materials

Each of your new families, whether their initial therapy is with the PLL Group Therapy or the PLL Family Therapy sessions, must receive the entire SFI kit of materials before beginning the PLL program. The kit description and prices are listed below:

(1) For the training, for each of your trained therapists:

- o One PLL Group Therapy Certification Kit, including
  - 1 Parenting Your Out-of-Control Teenager book
  - 1 PLL Group Therapy Leader's Guide
  - 1 PLL Class Video on DVD
  - 1 PLL Level 2 Parent Workbook
  - 1 PLL Level 2 Teen Workbook
  - PLL Group Therapy Overheads (file download)
  - 1 Survival Kit Study Guide

\$324.00 ea.

(2) For each new family:

- o One set of PLL Materials, including
  - 1 Parenting Your Out-of-Control Teenager book
  - 1 PLL Level 2 Parent Workbook
  - 1 PLL Level 2 Teen Workbook
  - 1 Survival Kit Study Guide

\$54.00 ea.

f. Outcome Studies

Outcome studies are a requirement of the COE Program. We will provide our expertise in setting up the outcome studies. We can perform the statistical analysis for you at no additional charge, or you can select your own statistician. You will identify and select your own research assistant(s), who will perform the data collection necessary for the outcome studies of the PLL group and individual therapy. We will recommend specific research instruments, but we are not responsible for the purchase of such instruments.

g. Signs

You will display at least two signs inside your facility indicating that you are a licensed PLL Center of Excellence. We will provide the signs.

h. Insurance

You will agree to maintain malpractice insurance coverage covering your liability to children and parents arising out of the PLL counseling, therapy or treatment, and to provide us with a copy of documentation of this coverage.