**HANDOUT**

**COUNTERMOVES FOR THE TEEN BUTTON FILTERS**

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| **Classic buttons pushed around the Rule** |  | **Teen Button Filters** |
| Parent nags and nags |   |  |
| Parent brings up the past |   |  |
| Parent calls you names |   |  |
| Parent adds to the rule |   |  |
| **Classic buttons pushed around Rewards** |  | **Teen Button Filters** |
| Parent forgets to give you the reward |   |  |
| Parent uses a “compliment sandwich” |   |  |
| Parent givse you an IOU instead of the reward |   |  |
| Something else |   |  |
| **Classic buttons pushed around Consequences** |  | **Teen Button Filters** |
| Parent loses their temper |   |  |
| Parent “Piles On” |   |  |
| Parent uses labels and brings up the past |   |  |
| Something else |   |  |
| **Classic buttons pushed around Nurturance** |  | **Teen Button Filters** |
| Parent forgets to give the Positive Teen Report |   |  |
| Parent gets mad about something and backs out of a special outing |   |  |
| Something else |   |  |

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