



Parenting with Love and Limits®

www.gopll.com

GRADUATION AGREEMENT FOR CONDITION: RE-ENTRY FROM RESIDENTIAL

© 2010 Savannah Family Institute, Inc. All rights reserved. Patent Pending (US 61/429,536)

With the exceptions noted below, no part of these handouts may be reproduced
or transmitted in any form without written permission from Savannah Family Institute, Inc.

LIMITED PHOTOCOPY LICENSE

Savannah Family Institute grants PLL's certified mental health professionals non-assignable permission to reproduce pages of these handouts for personal use in clinical practice and not for resale or redistribution. These materials are intended for use only by qualified mental health professionals. This license is limited to the individual participant and does not extend to others. The license does not grant the right to reproduce these materials for other purposes (including but not limited to books, pamphlets, articles, video or audio tapes, handouts or slides for lectures or workshops.) Permission to reproduce these materials for these and any other purposes must be obtained in writing from Savannah Family Institute, Inc.

PARTICIPATION AND GRADUATION AGREEMENT

To participate and graduate the **Parenting with Love and Limits (PLL)** program, I understand and agree to follow these requirements:

- Attend at least 5 out of 6 group meetings with exception of first group.**
- Attend a minimum of 12 individual (family) coaching sessions and continue on in coaching as needed.**
- Successful completion will be determined by completing the below requirements and when the family and PLL team agree upon significant improvement in PLL goals which may include the following:**
 - In Home- Obeying Curfew and No Leaving Home Without Permission***
 - Out of Trouble With the Law (No further violations)***
 - In School--Attend school and no ditching, and achieve passing grades***
 - Following the PLL Contract 80% or greater as Reported by Parents***
 - Employment – Seeking and/or maintaining employment (age appropriate youth only)***
 - If Applicable, Remains Drug Free***

Instead of the standard 11 or 12 months of residential treatment, by completing the requirements below with your child the odds dramatically increase that they will receive an “earned release” and be home safely in 6 months giving you enough time to rest and them enough time to change and appreciate all you have done for them over the years.

1 st and 2 nd Months	3 rd and 4 th Months	5 th and 6 th Months	7 th and 8 th or 9 th Months
Foundations	PLL Intensive + Benchmark Meeting	Transitional Phase	Aftercare
<p>Goals</p> <ul style="list-style-type: none"> Your Youth learns anger management techniques Your Youth learns to manage own behavior Your Youth begins to explore life issues Respite and time to heal. We will work with the staff and your child to help ensure that they get used to their new surroundings and help them not get time added to their sentence. <p>PLL - Foundations</p> <p>Weeks #1 - #8</p> <ul style="list-style-type: none"> One or two home visits to conduct what is called a “Genogram” to get to know your hopes and dreams for your child and discover where your teen got off track. 	<p>Goals</p> <ul style="list-style-type: none"> Learn and apply anger management techniques Learn and apply Life Skills necessary for successful Reintegration Both learn specific tools to prevent any return to old behaviors when your child returns home and increase closeness. Aftercare plan developed. Benchmark meeting to see if your child ready to return home. <p>PLL –Intensive + Benchmark</p> <p>Weeks #9 - #14</p> <p>Group Work in the Community with Other Parents</p> <p>Weeks #9 - #14</p> <p>One on One Coaching with Youth in Residential to Develop an Aftercare Plan for Returns Home</p> <p>Day #120-Benchmark Meeting: Meeting with Staff, PLL Counselor, Family. Is your child ready to come home and begin count down procedures?</p>	<p>Goals</p> <ul style="list-style-type: none"> Resolve life issues (family, substance abuse, etc) contributing to thinking errors Learn and apply emotion management Dress Rehearsals; Get all transition pieces in place (job, school, activities, etc); and Finalize Aftercare Plan <p>PLL –Transitions</p> <p>Weeks #15 - #22</p> <p>One on One Coaching - PLL Dress Rehearsals to practice delivery and execution of Aftercare Plan.</p> <p>Interfacing with Community and Mentors to Get Protective Factors in Place.</p> <p>Exit Staffing with Re-integration Worker</p>	<p>Goals</p> <ul style="list-style-type: none"> Youth enrolled in education program Youth involved in occupational program Youth involved in pro-social activities Limited to no relapses with your child and Graduation from Program <p>PLL –Aftercare</p> <ul style="list-style-type: none"> ➤ Meet for One on One Coaching 1x per week or 2x per month whatever is needed ➤ Any unresolved issues resolved ➤ Red Flags Checklists develop to prevent relapse. ➤ 30, 60, and 90 Day Call Backs

