



Parenting with Love and Limits®

www.gopll.com

GRADUATION AGREEMENT FOR CONDITIONS: PROBATION, FOSTER CARE, OR SED

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Parenting with Love and Limits®

PARTICIPATION AND GRADUATION AGREEMENT

In order to participate in and graduate from the *Parenting with Love and Limits*® (PLL) program, I understand and agree to follow these requirements:

- I will attend the mandatory 1st group session.
- I will attend at least 5 out of the 6 group meetings.
If I miss more than 1 group, I understand that I will have to start the PLL program over from the beginning.
- I will attend 6 out of 6 individual (family) coaching sessions
*I am allowed one missed appointment with 24 hours advanced cancellation notice.
More than one missed appointment = No graduation from PLL and not permitted to continue in group.*
- I will not arrive late to group or coaching meetings. (Doors will close after 10 minutes)
- Instead of 3 to 6 months, we want to fix the problem in 6 to 7 weeks.

Week	PLL Group	PLL One-on-One Family Coaching
Week #1	Group 1: Venting	No coaching 1st week
Week #2	Group 2: Button Pushing + →	Coaching #1: Deciding on the Problem to Fix Fast
Week #3	Group 3: Contracting + →	Coaching #2: Writing a Loophole Free Contract
Week #4	Group 4: Putting the Contract Together As a Group + →	Coaching #3: Present Typed Contract to Teenager with Role Plays to Practice
Week #5	Group 5: Creative Consequences + → <i>(to stop disrespect, school problems, drug use, violence, not doing chores, running away etc.)</i>	Coaching #4: Relapse Prevention: See if contract worked or tweak contract so it will work better
Week #6	Group 6: How to Start Liking Each Other Again-Restore Closeness	Coaching #5: Wound Work: Produce a Wound Workbook and Role Play
Week #7	No Group	Coaching #6: Relapse Prevention: Determine if Wounds Healed
Week #8	No Group	Coaching #7: If Needed

Parent/Guardian's Signature	Date
Youth's Signature	Date
Therapist's Signature	Date

