Savannah Family Institute

Helping Professionals, Parents, and Tough Teens Find Solutions

Parenting with Love and Limits® FAMILY THERAPY MODEL



SUPPLEMENTAL READING

In preparing for PLL Family Therapy Supervision, please do supplemental reading in the following recommended texts:

- Haley, J. (1987). <u>Problem-solving Therapy</u>. Boston: Jossey-Bass
- Minuchin, S. (1974) <u>Families and Family Therapy</u>. Cambridge, MA: Harvard University Press
- Prochaska, J.O., Norcross, J.C., & DiClemente, C.C. (1994). <u>Changing for Good</u>.
 New York: Avon Books.
- Selekman, M. D. (1993). <u>Pathways to Change: Brief Therapy Solutions with Difficult Adolescents</u>. New York: Guilford Press.
- <u>Supervising Counselors and Therapists: A Developmental Approach</u> (Jossey-Bass Social and Behavioral Science Series) by CAL D. STOLTENBERG, URSULA DELWORTH