

# HANDOUT

## COUNTERMOVES FOR THE RULE, REWARDS, AND CONSEQUENCES

Teen Classic Moves Around the Rule	Parent Button Buster Countermove
<b>Part 1: Delivery of the Rule</b>	
Works Great – No Problem	Tone of Voice when Delivering the Rule?
Stubbornly refuses to follow the rule	▪
Throws parent off by saying the rule is stupid	▪
Tries to renegotiate a part of the rule	▪
Something else	▪
Teen Classic Moves Around the Rewards	Parent Button Buster Countermove
<b>Part 2: Delivery of the Rewards</b>	
Works Great – No Problem	What time will you deliver the rewards? What will be your reminder? What praise words will you use?
Say “The reward is not good enough”	▪
Tries to renegotiate for a different reward	▪
Tells you “I don’t care” or “It’s babyish”	▪
Something else	▪
Teen Classic Moves Around the Consequences	Parent Button Buster Countermove
<b>Part 3: Delivery of the Consequences</b>	
Works Great – No Problem	Tone of Voice? Plan to avoid Piling on?
Refuses to accept consequence or hand over item such as cell phone	▪
Argues, yells back or swears	▪
Walks off or ignores you	▪
Something else	▪

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