

Comparison of the Core Four Phases and the Four Phases of Wound Work

| Core Four Phases | Wound – Four Phases |
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| Phase 1 – win battle for structure around symptom, seed and bus picks | Phase 1 – identify their specific wounds and the undercurrents that are keeping those wounds unhealed |
| Phase 2 – feedback loops and draft Aftercare Plan (Reentry) and Contracts | Phase 2 – wound feedback loops and draft wound playbook |
| Phase 3 – troubleshoot with countermoves Sheet (Countermoves for Contract, Countermoves for Parent Roles & Protective Factors, Teen Countermoves) | Phase 3 – troubleshoot with wound countermoves sheet |
| <i>Contract is implemented</i> | <i>Playbook is implemented or Enactment occurs</i> |
| Phase 4 – assess for success due to use of contract; Relapse Prevention and Skills Consolidation | Phase 4 – assess for healing due to use of playbook or enactments |