



Parenting with Love and Limits®

www.gopll.com

PLL COACHING INTERMEDIATE PROCESS IPR'S

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IPR Video Supervision

PLL Coaching Phase #1 – INTERMEDIATE PROCESS IPR MEASURE

Therapist's Name:					
Date of IPR Review:					
Number of Video IPR Measure Checks for this PLL Coaching Phase:					
KEY COMPONENTS					
Legend:	Extremely Poor: Gross neglect/deficit in domain	Poor: Deficit in domain	Average: Domain met with basic competency	Well: Domain met with above average competency	Extremely Well: Domain met with exceptional competency
1. How well did the therapist engage the family by asking about their hobbies and interests?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
2. How well did the therapist assess the strength of the family system by exploring what they are proud of in each other?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
3. How well did the therapist transition into the stress chart section?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
4. How well did the therapist convert the family's complaints into concrete categories?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
5. How well did the therapist explain the Seed/Tree diagram?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
6. How well did the therapist define the seed of Misuse of Power?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
7. How well did the therapist define the seed of Unhealed Wounds?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
8. How well did the therapist define the seed of Mental or Physical Impairment?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
9. How well did the therapist define the seed of Unmet Primal or Spiritual Needs	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
10. How well did the therapist get the family's seed picks?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
11. How well did the therapist get the family's symptom picks?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

12. How well did the therapist win the “battle for structure” on the seed pick?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
13. How well did the therapist win the “battle for structure” on the symptom pick?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
14. How well did the therapist win the “battle for structure” on the bus picks?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

Rating:

70 total points

We are now focusing on solely process variables or how well a therapist does with a particular part of this coaching phase

PLL Supervisor’s Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision

PLL Coaching Phase #2 – INTERMEDIATE PROCESS IPR MEASURE

Therapist's Name:					
Date of IPR Review:					
Number of Video IPR Measure Checks for this PLL Coaching Phase:					
KEY COMPONENTS					
Legend:	Extremely Poor: Gross neglect/deficit in domain	Poor: Deficit in domain	Average: Domain met with basic competency	Well: Domain met with above average competency	Extremely Well: Domain met with exceptional competency
1. How well did the therapist present the “Before” Feedback Loop (i.e. connect the dots between the unhealthy undercurrents and the growth of the Seed and Symptom)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
2. How well did the therapist present the “After” Reward Feedback Loop (i.e. connect the dots between the healthy undercurrents and recommended new techniques and the shrinking Seed and Symptom)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
3. How well did the therapist present the “After” Consequence Feedback Loop (i.e. connect the dots between the healthy undercurrents and recommended new techniques and the shrinking of the Seed and Symptom)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
4. How well did the therapist help the family create an ironclad Rule around the Symptom pick (use of a sample contract, make suggestions, use of the Survival Kit)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
5. How well did the therapist help the family identify daily and bonus rewards for the Rule (i.e. explain privileges vs. rights concept, use their Top 3 Areas, use sample contracts, make suggestions, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
6. How well did the therapist help the family identify consequences for the Rule (i.e. explain hierarchy of offenses, use their Top 3 Areas, use sample contracts, make suggestions, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

Rating:

30 points

We are now focusing on solely process variables or how well a therapist does with a particular part of this coaching phase

PLL Supervisor’s Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision

PLL Coaching Phase #3 – INTERMEDIATE PROCESS IPR MEASURE

Therapist's Name:					
Date of IPR Review:					
Number of Video IPR Measure Checks for this PLL Coaching Phase:					
KEY COMPONENTS					
Legend:	Extremely Poor: Gross neglect/deficit in domain	Poor: Deficit in domain	Average: Domain met with basic competency	Well: Domain met with above average competency	Extremely Well: Domain met with exceptional competency
1. How well did the therapist review the Rule (i.e. make sure no key components left off, stay focused on task, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
2. How well did the therapist storyboard the rule (i.e. identify which classic moves the teen might make and what countermoves the parent will make)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
3. How well did the therapist role play the countermoves for the Rule with the parent(s) (i.e. follow the 5 rules of thumb: success first, therapist plays the teen, rehearse each countermove, freeze quickly, switch places if needed; and rate parent(s) "battle readiness")?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
4. How well did the therapist storyboard the rewards (i.e. stick and move by making suggestions, identify the time, reminder and praise words for giving the rewards, writing the parent's specific countermoves on the flip chart, using the Survival Kit pp. 74,75 for Button Busters, etc.)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
5. How well did the therapist role play the countermoves for the rewards with the parent(s) (i.e. follow the 5 rules of thumb: success first, therapist plays the teen, rehearse each countermove, freeze quickly, switch places if needed; and rate the parent's "battle readiness")	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
6. How well did the therapist storyboard the consequences (i.e. stick and move by making suggestions, identifying specific steps to take to avoid "Piling On", writing the parent's specific countermoves on the flip chart, using the Survival Kit pp. 74,75 for Button Busters, etc.)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
7. How well did the therapist role play the countermoves for the consequences with the parent(s) (i.e. high energy when demonstrating "Piling On" and how "Not to Pile On", for the remaining countermoves, follow the 5 rules of thumb: success first, therapist plays the teen, rehearse each countermove, freeze quickly, switch places if needed; and rate the parent's "battle readiness")	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
8. How well did the therapist assist the parents in presenting the contract to the teen (i.e. directive, role play countermoves, use of actual prop with the reward, energy, managing a resistant or irritable teen, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

Rating:

40 points

We are now focusing on solely process variables or how well a therapist does with a particular part of this coaching phase

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision

PLL Coaching Phase #4 – INTERMEDIATE PROCESS IPR MEASURE

Therapist's Name:					
Date of IPR Review:					
Number of Video IPR Measure Checks for this PLL Coaching Phase:					
KEY COMPONENTS					
Legend:	Extremely Poor: Gross neglect/deficit in domain	Poor: Deficit in domain	Average: Domain met with basic competency	Well: Domain met with above average competency	Extremely Well: Domain met with exceptional competency
1. How well did the therapist review the effectiveness of the contract (i.e. use of the flip chart, referring to the actual contract, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
2. How well did the therapist help the family to consolidate their gains and celebrate their successes (i.e. refer to healthy undercurrents that have been the change instruments, use of the rating of "Before PLL" and "After PLL", energy, warmth, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
3. How well did the therapist assist the family in deciding on "Next Action Steps" (i.e. write decision tree on flip chart to review options, win the battle for structure on recommended next steps, etc.)	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
4. How well did the therapist assist the family in creating the "Red Flags" checklist (i.e. use of flip chart, refer to contract, focus on the 3 key areas: Rule, Safety Issues, Undercurrents, include clear steps to take)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
5. How well did the therapist play the "Skills Seek" game with the family to remind of skills learned (i.e. high energy, playfulness, use of Survival Kit)?	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

Rating:

25 points

We are now focusing on solely process variables or how well a therapist does with a particular part of this coaching phase

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

Scene (Clip)	Strengths	Areas for Improvement

