

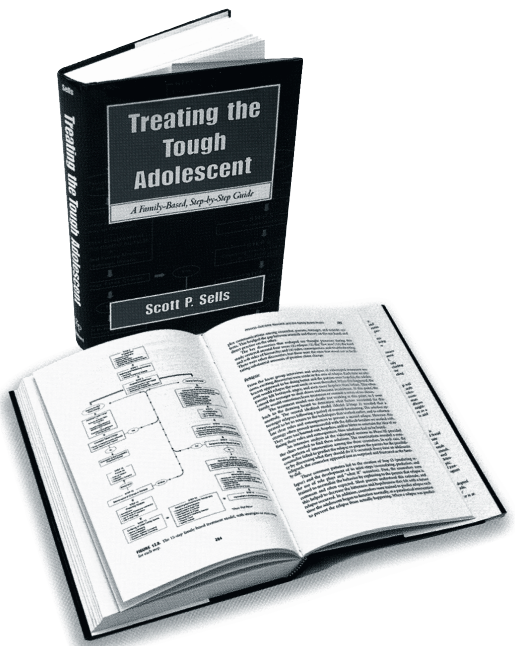
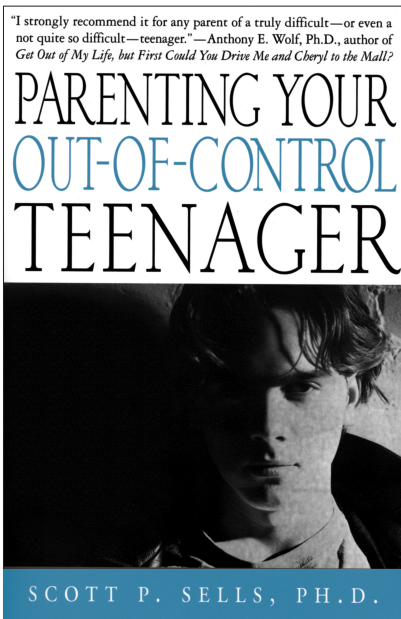
About Your Presenter

DR. SCOTT P. SELLS, PH.D., LCSW, LMFT



Dr. Sells is a Full Professor of Social Work at the Savannah State University and the Executive Director of the Savannah Family Institute, Savannah, Georgia. Over the past four years, Dr. Sells has conducted seminars in over 80 cities and spoken to over 20,000 professional counselors and parents, based on his first book, *Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide* (New York: Guilford Press) and his second book, *Parenting Your Out-of-Control Teenager* (St. Martin's Press, 2001). This work is detailed at the Savannah Family Institute website (www.difficult.net).

Dr. Sells is the author of 14 publications and is currently writing a book for Guilford Publications entitled *Treating Impossible Cases Through Undercurrent Therapy*. He was a recent speaker at the Psychotherapy Networker conference and the Cape Cod Institute.



"This is the first workshop I've attended where I can actually use the strategies I learned with my clients the next day at work."

– Dr. Gene Alligood, Burlington, VT.

"Dr Sells' book offers a sensible and strategic approach to resolving the family problems of difficult adolescents—This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families."

– Jay Haley, Founder of Strategic Family Therapy

"I came as a parent, professional, and a student. Rarely has a workshop been so useful to all the hats I wear."

– Dr. Cynthia Wilburn
Phoenix, Arizona.

AN IMPORTANT SEMINAR FOR:
**Counselors, Marriage and Family
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 Psychiatrists, School Counselors, Case
 Managers, Juvenile Probation Officers
 and Mental Health Professionals**

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PARENTING WITH LOVE & LIMITS:®

How to Train Parents of Defiant Children and Teens

Albuquerque, NM

March 1, 2006

Phoenix, AZ

March 2, 2006

Newton, MA

March 28, 2006

Springfield, MA

March 29, 2006

Princeton, NJ

March 31, 2006



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CMI EDUCATION INSTITUTE PRESENTS

PARENTING WITH LOVE & LIMITS:[®]

**How to Train
Parents of
Defiant
Children
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featuring:

Scott P. Sells, Ph.D.

Based on:

*Parenting Your Out-of-Control
Teenager*

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Parenting With Love and Limits®: How to Train Parents of Defiant Children and Teens

Based on Dr. Sells' new parenting education program, Parenting with Love and Limits®, this workshop outlines a six-week parent educational seminar that has been successfully used to teach parents, and those in authority, the core skills they need to stop child or teen behavioral problems and prevent their further occurrence. Prevention through proactive skill building is the goal of this program.

As part of the registration fee, participants will receive these materials (a \$180.00 value) to get started immediately:

- 1 Parenting Video Leader's Guide
- 1 Parent Workbook

Also shown above and available for purchase at the seminar and through Savannah Family Institute:

- *Parenting Your Out of Control Teenager* (books)



• Additional Parent Workbooks

Participants will be instructed in how to conduct a six-week educational seminar within their agencies, hospitals, classrooms, or private practice settings. Dr. Sells will show you how to present the program in a way that persuades even your most resistant parents to trust the process and commit to it throughout the six week training program and beyond.

In addition, Scott Sells will show participants how to market the program, the optimal use of handouts and how to get parents to complete essential homework assignments between classes. You will also see how specialized techniques, such as button pushing, contracting, and the restoration of lost nurturance help to break down both parent and teen resistance. Finally, Dr. Sells will show participants how to use this course as a filter to determine which families need more intensive one-to-one treatment and those that need only periodic

LEARNING OBJECTIVES

Following the completion of this seminar you will be able to:

1. Describe several research-based techniques you can share with parents to stop their difficult child or teen from negative behaviors including disrespect, lying, fighting, running away, ditching school, failing grades, and drug or alcohol use.
2. Demonstrate techniques used to make parents expert in solving their own teenager's problems.
3. Employ parent participation techniques during your parent training classes so they can develop the necessary skills to solve real life problems with their difficult children.
4. Apply the necessary clinical, organizational, and marketing skills needed to conduct your own six-week parent training classes.
5. Determine which families you're working with in the six-week classes that will require more intensive follow-up when training is over and which will only require periodic follow-up.

Satisfaction Guarantee

CMI guarantees your satisfaction. If, by the morning break, you are not satisfied that this seminar is everything we say, simply see our seminar leader. The registration fee will be refunded or may be applied toward another CMI seminar.

About CMI

CMI Education Institute, Inc. is an affiliate of The Center for Hospice & Palliative Care in Buffalo, New York. The Institute's mission is to provide education and training for health care professionals, counseling professionals and the general public on topics related to palliative care, bereavement, serious illness, grief, loss and/or other subjects relevant to the field of thanatology.

PROGRAM AGENDA

8:30am–9:00am	Check In/Coffee Time
9:00am–10:00am	The Use of Icebreakers—Why is this a Good Beginning Intervention? Overview of Six Classes <ul style="list-style-type: none">• Class #1 Venting and Why Teens Misbehave• Class #2 Button Pushing and Button Busters• Class #3 Contracting and Recruiting Outside Helpers• Class #4 Inner-Outer Circle Contracting and Troubleshooting• Class #5 Neutralizing the 7 Aces• Class #6 Restoring Nurturance and Graduation What Makes This Seminar Different From Typical Parent Educational Experiences <ul style="list-style-type: none">• Breaking parental resistance• The 7 aces
10:00am–10:15am	Break
10:00am–12:00pm	Learn Process #1 – The Art of Venting <ul style="list-style-type: none">• Empathizing not sympathizing (What’s the difference?)• How do you gently neutralize a monopolizing or agitated parent?• Can you form linkages? Learn Process #2 – Inner/Outer Circle and Button Pushing <ul style="list-style-type: none">• Can you be playful in getting parents and kids to buy into your playfulness and produce their own buttons?• Finding the top 5 button busters
12:00pm–1:00pm	Lunch (on Your Own)
1:00pm–2:00pm	Learn Process #3 – Demonstrate How to Construct Ironclad Rules <ul style="list-style-type: none">• Can you show parents how to “connect the dots” and go from a problem to a concrete and literal rule?• Can you take a complex concept like contracting and simplify it?
2:00pm–2:15pm	Break
2:15pm–3:30pm	Learn Process #4 – How to Inject Nurturance Back Into These Families <ul style="list-style-type: none">• Can You integrate Movie Clips into learning?• Can You use experiential exercises like “nurturing a plant” to facilitate learning?• Can You sell a tough concept like nurturance?
3:30pm–4:30pm	Questions - Discussion

CONTINUING EDUCATION

Psychologists

CMI Education Institute, Inc. is approved by the American Psychological Association to offer continuing education for Psychologists. This seminar awards 6.0 credits to participating psychologists. CMI maintains responsibility for the program.

Social Workers

CMI Education Institute, Inc. (Provider No. 1062) is approved by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program: www.aswb.org, phone: 1-800-225-6880. CMI Institute maintains responsibility for the program. Social Workers participating in this course will receive 6.0 contact hrs. Social Workers should contact their state board to verify recognition of ACE approval.

AZ Board of Behavioral Health Examiners recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

CT Dept of Public Health, Social Work Registration recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

MA Div. of Registration for Social Workers recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

NH Board of Mental Health Practice recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

NJ Board of Social Work Examiners recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

RI Div. of Professional Registration for Social Workers recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

VT Office of the Secretary of State, Licensing & Registration Division recognizes CMI's ASWB provider status . . . 6.0 Contact Hours

PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors, approval pending. 6.0 Contact Hours

Nurses

AZ Nurses Association, approved provider 7.2 Contact Hours

CMI Education Institute, Inc. is approved as a provider of continuing nursing education by the Arizona Nurses' Association, which is accredited as an approver of continuing education in Nursing by the American Nurses Credentialing Center (ANCC) Commission on Accreditation.

Counselors

CMI Education Institute, Inc., is an approved provider National Board of Certified Counselors, and awards 6.0 contact hrs. to Counselors participating in this Program. (Provider No. 5637)

Substance Abuse Counselors

CMI is an approved provider of continuing education by the National Association of Alcoholism & Drug Abuse Counselors (NAADAC), and awards 6.0 contact hrs. to participating Counselors. (Provider No. 00131)

Therapists

MA and RI MFTs, approval pending 6.0 Contact Hours

Seminar content recommended for Beginner through Intermediate skill levels.

Continuing Education credits will not be awarded to those who are not able to fully attend this program. There will be a fee for lost or stolen certificates.

To REGISTER Register using your credit card 24 hours a day, 7 days a week by phone, fax, online or mail. You may also send a check, money order, purchase order or credit card information along with the registration form through the mail to CMI Education Institute, Inc., Department #863, PO Box 8000, Buffalo, New York 14267. To receive confirmation through the mail and to ensure a seat in the seminar, registration and payment should be received two weeks prior to the program date.

ADA: Please contact CMI early at 1-800-726-3888 if you require special accommodations.

QUESTIONS? Need more information? Call (716) 332-0286 from 9:00 a.m. to 5:00 p.m. EST, Monday through Friday. If you are willing to work as an on-site registrar for a reduced tuition fee, please call 1-800-726-3888 and ask for ext. 100.

IF YOUR PLANS CHANGE: All fees are due prior to the start of the seminar. Faxed cancellations received 10 working days before a program date will receive a refund less a \$15 processing charge. Faxed cancellations received less than 10 but 5 or more working days before a program date will receive a letter of credit less a \$15 processing fee, for a future program. No refunds will be made for cancellations received less than 5 working days before a program. If CMI cancels a program, refunds will be made in full.

SEMINAR LOCATIONS

Albuquerque, NM
March 1, 2006
AmeriSuites Midtown
2500 Menaul Blvd. NE
(505) 881-0544

Phoenix, AZ
March 2, 2006
Embassy Suites North
2577 W. Greenway Rd.
(602) 375-1777

Newton, MA
March 28, 2006
Holiday Inn Newton
399 Grove St.
(617) 969-5300

Springfield, MA
March 29, 2006
Holiday Inn Downtown
711 Dwight Street
(413) 781-0900

Princeton, NJ
March 31, 2006
Clarion Hotel (The Palmer Inn)
3499 Route 1 South
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REGISTRATION FORM

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\$219 or \$199 Early Registration (30 days or more prior to program date)

REGISTER ONLINE AND RECEIVE A \$5.00 DISCOUNT.

(AAB Members receive a \$10.00 discount) My # is: _____

(Buddy Registrations: \$15.00 off ea. when 3-5 and \$20.00 off ea. when 6-9 register together)

Includes 1 Parenting Video, 1 Leader's Guide and 1 Parent Workbook (a \$180.00 value) plus program handout and certificate of attendance.

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