

Protocol for PLL Outcome Research

Internal Change Instruments are used to assess positive changes that PLL will make internally, or within the youth and family; changes such as decreased rule breaking behavior, decreased aggression, and conduct problems.

I. Internal Instruments

1. CHILD BEHAVIOR CHECKLIST – CBCL

- The CBCL is to be ordered directly from ASEBA at www.ASEBA.org.
- The CBCL/6-18 obtains parents' reports of children's competencies & problems.
- Latino Spanish CBCL/6-18 available.
- PACKAGE OF 50 FORMS FOR \$25.

2. FACES IV

- The FACES IV can be printed from the sample provided at no charge (Available in Spanish upon request)

3. READINESS SCALES

- The Readiness for Change Scales can be printed from the sample provided at no charge. (Available in Spanish upon request)

4. FAMILY FUNCTIONING ASSESSMENT – FFA

- The Family Functioning Assessment can be printed from the sample provided at no charge. (Available in Spanish upon request)

II. Who Completes the Internal Instruments?

1. CHILD BEHAVIOR CHECKLIST – CBCL

- The Parent/Caregiver will complete the pre and post test
- If both Parents/Caregivers are present, have them collaborate together to complete the pre and post test
- The same Parents/Caregivers must complete both the pre and the post test

2. FACES IV

- The Youth and Parent/Caregiver will complete the FACES IV pre and post test
- The same Youth and Parent/Caregiver must complete both the pre and the post test

3. READINESS SCALES

- The Youth will complete the “Youth version” pre, post, and post-post test
- The Parent/Caregiver will complete the “Caregiver version” pre, post, and post-post test
- The same Youth and Parent/Caregiver must complete both the pre and the post test

4. FAMILY FUNCTIONING ASSESSMENT – FFA

- The Youth will complete the “Youth version” pre, post, and post-post test
- The Parent/Caregiver will complete the “Caregiver version” pre, post, and post-post test
- The same Youth and Parent/Caregiver must complete both the pre and the post test

III. When to Administer and Send to PLL the Internal Instruments?

Alternative to Residential and Level 2

	Pre	Post-Post
Readiness	X	X
FFA	X	X
CBCL	X	X
FacesIV	X	X
	During PLL Motivational Face-to-Face Intake	Program Completion

- Hold all instruments until Post Test is completed, then mail all sets to:
Ellen Souder
Parenting with Love and Limits
235 Bartley Ave.
Mansfield, OH 44903

Level 3 - Long Term Residential

1st Set

(Send Highlighted) Immediately after the Post test are completed

	Pre	Post (7-10 days prior to benchmark)	Post-Post
Readiness	X	X	X
FFA	X	X	X
CBCL	X		X
FacesIV	X		X
	During PLL Motivational Face-to-Face Intake	4 th - 5 th Month (After Group / Prior to Benchmark Mtg.)	90 th Day After Release into Community

- For the 1st set, send by email or fax all tests to Ellen Souder (ellen@gopll.com) (866) 811-8010 FAX.
- Ellen will send them to John Burek to be scored and within 24-48 hours and will be sent back to you for Benchmark Meeting.

2nd Set

(Send Highlighted) After the Post-Post test are completed

	Pre	Post (7-10 days prior to benchmark)	Post-Post
Readiness	X	X	X
FFA	X	X	X
CBCL	X		X
FacesIV	X		X
	During PLL Motivational Face-to-Face Intake	4 th - 5 th Month (After Group / Prior to Benchmark Mtg.)	90 th Day After Release into Community

- For the 2nd set (all remaining instruments) mail to:
Ellen Souder
Parenting with Love and Limits
235 Bartley Ave.
Mansfield, OH 44903

Important for All Tests Administered:

- ✓ Be sure each instrument is clearly marked which test it is in terms of Pre, Post, or Post-Post.
- ✓ Be sure each instrument is dated.
- ✓ Be sure each instrument clearly indicates the youth it applies too.
- ✓ Be sure each instrument is completed entirely