**Playbook to Inject the Healthy Undercurrents of Unconditional Love & Nurturance**

*Unhealed Wound Seed*

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| **The PTR to Show Unconditional Love**  *To Inject the Healthy Undercurrents of Unconditional Love and Nurturance*  *To Heal the Wound Seed*  **Who**: Michael with Mom  **What**:   * Mom will give at least one PTR (Positive Teen Report) daily for the next 30 straight days to Michael regardless of what his behavior (disrespectful, in bad mood, etc.) might be like that day   **When:**   * Mom will give at least one (maybe two) any time before 9 pm each day Monday-Sunday * For next 30 straight days and then reevaluate with therapist   **Where:**   * At Home * But could be in surprise location? ☺ (keeps you guessing)   **How:**   * Mom can deliver PTR in any number of creative and playful ways (see below) * In person--Hand it to Michael and read it aloud * By Mail or E-Mail * By Text * Under Michael’s Pillow With A Stuffed Animal * In Michael’s Cereal Box * In Michael’s Backpack * Etc. * Michael can accept it with thank you or not since this is an act of UN-conditional love by Mom * See troubleshooting checklist on "what to do if?" Michael rejects PTR or other possible curveballs |